

# Recommended Products

Pre-Spray  
In the Booth  
Post-Spray

## **Pre-Treatment**

Prior to entering the Mystic booth, GLOW recommends that clients remove all unwanted hair (see our sugaring section for hair removal services) at least 24 hours before. This will allow the spray tan to settle more evenly on the skin. It is important to not take a hot shower or facials before treatment, as open pores will cause the spray to settle unevenly. Clients are then recommended to fully exfoliate a day before their spray with one of our scrubs or exfoliating gloves. Removing the top layer of dead skin cells helps the tan to develop on the fresh, new skin below. It also ensures a more even tan. Finally, clients should avoid putting acne treatments on their skin prior to their tan, as this can dry out the skin on the face (affecting the look of your spray tan).

## **In the Booth**

Clients should ensure that they remove all makeup with a complimentary makeup removing cloth. If clients wear deodorant containing aluminum, they should also remove this, as it can cause the spray tan to turn green.

## **Post-Treatment**

Clients should make sure that they bring loose, dark clothing with them to wear after their spray. This will ensure that the bronzer and DHA have a full time to dry without the tan rubbing off. Loose clothing also avoids the transfer of color to clothing, while the dark color hides any unintentional discoloration of the fabric.

Customers should avoid getting their spray wet through showering, swimming or excessive sweating until the spray is set. After this, clients should avoid swimming in chlorinated pools, which will break down the tan. Oil-based soaps and sunscreen will also cause the tan to break down. Poor strips, bandages, and exfoliants will all prematurely remove the spray tan and should be avoided.

Clients can purchase take home products to enhance their tanning experience. These products have bronzers in them that give the skin additional color. In addition to extenders, GLOW recommends that customers moisturize their skin with our all natural and PETA-approved products. Keeping the skin moisturized will help to extend the life of the spray tan.