

# Recommended Products

Pre-Treatment  
In the Bed  
Post-Tanning

## **Pre-Treatment**

Prior to entering a tanning bed, GLOW recommends that clients remove all unwanted hair (see our sugaring section for hair removal services). This will allow the UV rays to reach the skin more easily. Clients are then recommended to fully exfoliate a day or two before tanning with one of our scrubs or exfoliating gloves. Removing the top layer of dead skin cells helps the tan to develop on the fresh, new skin below. It also ensures a more even tan.

## **In the Bed**

Clients can make the most of their tanning experience by applying lotions immediately before entering the beds. Skipping on lotion causes dry skin with an uneven tan. Lotions also help to expedite your tanning process. Lotions designed for tanning beds can increase your tan from 40 to 70 percent. Bronzing lotions also help to enhance your color, giving it a deeper bronze hue. In other words, 10 tans with lotions is the equivalent color of 30 tans without!

## **Post-Tanning**

Clients can purchase tan extenders to enhance their tanning experience. Extenders have bronzers in them that give the skin additional color. In addition to extenders, GLOW recommends that customers moisturize their skin with our all natural and PETA-approved products. Keeping the skin moisturized keeps a smooth finish and prevents flaking.